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## Apicoectomy Post OP Instructions

- Swelling and bruising are normal. Swelling will reach its maximum around 48 hours.
- Keep ice on the area on and off throughout the day.
- Mild discomfort can be expected for a few days. It is important to take the antibiotics and the steroids if prescribed. Antibiotics and anti-inflammitories help in healing. If experiencing post-operative discomfort, Ibuprofen is most effective for tooth pain. Narcotics may not be needed but may be prescribed for relief of severe discomfort. If you choose to take the Hydrocodone you cannot work or drive while taking this medication.
- **Do not brush or floss** the surgery area until after suture removal. A mouthwash will be prescribed to help the area stay clean.
- It is **VERY** important to not pull the lip up to see the surgery area this will avoid tearing the sutures.
- Stitches will start to fall out after a couple of days. We will see you in
   2 weeks for a post op check and to remove any remaining sutures.
- Please call if you have any questions or concerns.